

FACIAL BEAUTY ROUTINES

Luminosity Fondamental	60'	70€
Beauty for dull and tired skin		
Fondamental Nutrition	60'	100€
Remineralising facial, relieves and intensely draws upon the skin		
Purete Marine	60'	100€
Cleanses, purifies and refines skin texture		
Radiant Eyes	30'	50€
Revives the luminosity of your look		
Silicium Marine	75'	150€
Immediate tensor lifting effect		
Thalgo Men	45'	100€
Hydration for unparalleled comfort		

SENSORY MASSAGES

Atlantico	30'	55€
Energising rock crystal	50'	75€
Polynesia	30'	55€
Mahana with hot sand bags	50'	75€
Indoceane	30'	65€
Ayurvedic, re-balances energy	50'	85€
Maderotherapy	45'	80€
Redefines the body contour, reduces cellulitis and enables weight loss		

PEELING

Atlantico Sable Rose	30'	60€
Exfoliate with grains of Himalayan salt and delicate quartz crystals		

WRAPPING

Microburst Seaweed	30'	85€
Remineralises, balances and favours weight loss		
Plaster Therapy	30'	70€
Lipolytic plaster bandages, burns localised fat and reduces volume		

RESTRUCTURING + THERAPY

Restructuring Fermete Restrufemté	30'	80€
Immediately visible intense tensor		

EXFOLIATION + WRAPPING

Hydrating and Vitalising Treatment	45'	80€
Prevents and combats the signs of body ageing		

THE WORLD OF MASSAGES

Swedish	30'	70€
Relieves muscle pains and improves lymphatic circulation	50'	90€
Craniofacial	30'	50€
Releases tension in the head, neck, shoulders and face		
Craniosacral Therapy	60'	100€
Manual technique, subtle and profound effect to help detect and correct imbalances		
Prenatal	30'	70€
Relieves tension in the back and reduces swelling of the hands and feet	50'	90€
Hot Stones	30'	55€
Reduces stress and anxiety levels	50'	70€
Padadhyanga	30'	50€
Manual therapy in the feet, calms the mind and the nervous system		

OCEANIC RITUALS

Atlantico Energising	75'	135€
Exfoliation, hydromassage bath and energising massage		
Polynesia Nutritional	75'	150€
Exfoliation, hydromassage bath and relaxing massage		
Indoceane Serenity	75'	160€
Exfoliation, wrapping, hydromassage bath and anti-stress massage		

BODY TECHNOLOGY

Pressotherapy	45'	45€
Reduction of flaccidity, cellulitis, fat accumulation, provides lymphatic drainage		

Dermapen	60'	150€
Reaffirms facial skin thanks to micro-punctures that stimulate the activity of collagen in a natural way		
LED Mask	10'	35€
LED light technology with different benefits		

Facial Radio-Frequency	60'	85€
Rejuvenates, reaffirms, illuminates and favours the natural production of collagen		
Body Cavities	45'	75€
Non-surgical technique to remove localised fat using low-frequency ultrasounds		

HYDROTHERAPY

Bi-Thermal Shower	15'	20€
It produces a relaxing, sedating and circulatory effect		
JET Shower	15'	25€
Helps mobilise the conjuctive tissue and unwinding muscles		
Hydromassage Bath	20'	35€
Hot bath with a delicate smell that helps relax the body and mind		

**WAXING**

Brazilian	30€
Facial	8€
Armpits	17€
Half legs	23€
Full legs	36€
Men by areas	35€

HYDROTHERMAL CIRCUIT

Dynamic jet pool, Jacuzzi, Turkish baths, Finnish sauna and Roman thermal baths

Staying Customers

12€

External Customers

15€

All treatments include 60 minutes free-of-charge in the hydrothermal circuit

All the prices are stated in euros and include VAT

In order to guarantee the safety and well-being of our customers, we request that those with cardiac issues inform the staff before receiving our services

Please take notice that we do not take responsibility for any damage or deterioration of valuables or jewellery during the use of our services

THALGO

LA BEAUTE MARINE

OPENING HOURS

Tuesday to Saturday 10:00 - 20:00h

Sunday & Monday 10:00 - 14:00h (Only hydrothermal circuit)



**HOTEL ★★★★ Sup. COSTA DEL SOL
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